

# 20% DISCOUNT WITH THIS LEAFLET!

## 報名時出示此優惠券可獲8折

# ESF Swimming

*active body, healthy mind*

### Classes in English or Cantonese

### 英語或粵語教授



**DATES:** Tuesday May 3rd – Tuesday 28th June 2011 (except May 10th) 2011年5月3日至6月28日

**FEE:** \$1360 for eight 45min swimming sessions \$1,360 - 8課，每課45分鐘

**FUN skills for 3-5yrs and Stroke skills for 5yrs+ in freestyle & backstroke; breaststroke & butterfly**  
3至5歲 - 基本游泳技術練習 / 5歲以上 - 泳式練習 (自由泳、背泳; 蛙泳、蝶泳)

**SCHEDULE: Renaissance College 啟新書院**      **Mondays English**      **Fridays Cantonese**  
星期一 - 英語      星期五 - 粵語

<b>FUN Skills</b>	FSE	5.30 – 6.15pm	FSC	5.30 – 6.15pm
	FSE	6.15 – 7.00pm	FSC	6.15 – 7.00pm
<b>Stroke Skills</b>	SSE1	5.30 – 6.15pm	SSC1	5.30 – 6.15pm
Freestyle & Backstroke	SSE2	6.15 – 7.00pm	SSC2	6.15 – 7.00pm
Breaststroke & Butterfly				

**SCHEDULE: Sha Tin College 沙田學院**      **Tuesdays Cantonese**      **Thursdays English**  
星期二 - 粵語      星期四 - 英語

<b>FUN Skills</b>	FSC	5.00 – 5.45pm	FSE	5.00 – 5.45pm
	FSC	5.45 – 6.30pm	FSE	5.45 – 6.30pm
<b>Stroke Skills</b>	SSC1	5.00 – 5.45pm	SSE1	5.00 – 5.45pm
Freestyle & Backstroke	SSC2	5.45 – 6.30pm	SSE2	5.45 – 6.30pm
Breaststroke & Butterfly				

